

- COVID-19 update: The most common question we are asked is, "when are we starting our meals back up?" MHMR is taking every precaution to flatten the curve of this virus, so no groups larger than 10 or walk-in services will be available for at least another month. Please visit our Facebook page for the latest updates. We are offering appointments for counseling, claims assistance, and MVPN related services such as laundry, showers & emergency food.
- Have you ever donated something and wondered how you can do more to promote the message of Trust, Camaraderie, and Hope? Join us June 17 from 9-<u>4PM</u> to learn the fundamentals of peer intervention while training to become

a certified MVPN volunteer. Contact <u>Bobbi</u> or <u>John</u> for more details

- The pictures shown are OUR therapeutic garden!
 Green & brown thumbs welcome every <u>Friday @</u>
 <u>9AM (groups limited to 10, RSVP Rachel).</u>
- Anger Management classes are in session <u>Thursdays @ 10AM.</u> Contact any member of the clinical/case management team for details.



- Art classes are resuming <u>June 17 @ 5:15PM</u>, contact <u>Rachel.</u>
- Baylor Law Veteran Clinic is scheduling free simple estate planning on <u>June</u> <u>20th</u> and also weekly telephonic legal advice appointments to veterans & their families. Please contact them at (254) 710-4244 or <u>LegalClinics@baylor.edu</u> to make an appointment.



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Lisa Grady, LPC-1, LCDC isa Grady recently joined the One Stop's clinical team as a Licensed Chemical Dependency Counselor, LPC Intern and QMHP-CS II. She has worked in the counseling field for almost 9 years. She started her career working with TDCJ at the SAFPF (Substance Abuse Felony Punishment Facility) in Gatesville at the Hackberry satellite of the Crain unit where she worked with Special Needs females. From there she moved to the Hamilton Unit in Bryan working male clients in the DWI program. Lisa joined the MHMR team over three years ago, starting at Substance Abuse Service before transferring into her

current position. She says that she "truly loves working with the substance use population and knows that anywhere my road leads, I will always remain dedicated to working with those struggling with addiction". A fun fact about Lisa is that she was born an identical twin to an identical twin!



STAFF SPOTLIGHT

For updates about Veterans One Stop and our services, please "like" us on Facebook! We can be found by searching <u>**"Heart of Texas Veterans One Stop**</u>

