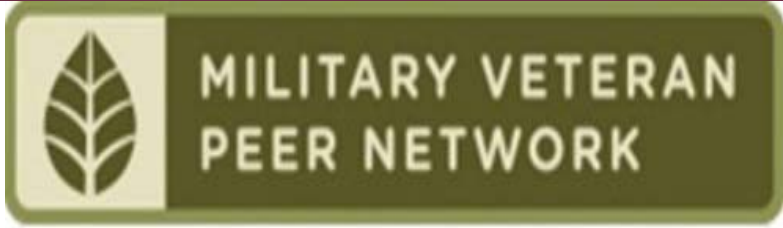


We have some exciting events coming up here at the One Stop!



Trust Camaraderie Hope

**July 2nd @ 10am:** Anger Mgmt. Group

**July 2nd @ 3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 3rd:** Office will be closed. Will reopen July 6th @ 8am.

**July 7th @3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 9th @ 10am:** Anger Mgmt. Group

**July 9th @ 3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 10th @ 9am:** Garden Group with Rachel

**July 14th @ 10am:** MVPN Volunteer Meeting via Zoom. Contact Bobbi for more info.

**July 14th @ 3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 15th @ 8:30am-5pm:** MVPN Training Class. 8 hour/2 phase class. Includes lunch.

**July 16th @ 10am:** Anger Mgmt. Group

**July 16th @3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 17th @ 9am:** Garden Group with Rachel

**July 21st @3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 22nd @ 8:30am-5pm:** MVPN Training Class. 8 hour/2 phase class. Includes lunch.

**July 23rd @ 10am:** Anger Mgmt. Group

**July 23rd @ 3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 24th @ 9am:** Garden Group with Rachel

**July 28th @ 3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

**July 30th @ 10am:** Anger Mgmt. Group

**July 30th @ 3-4:30pm:** Psychoeducational Group for Substance Use Disorders with Lisa

Make sure to check for updates on our Facebook Page!

**“Heart of Texas Veterans One Stop”**



# STAFF Spotlight



**What is your name?**

- Allyson Afinowicz

**What department within MHMR do you work for? Title?**

- Veteran One Stop Case Manager, QMHP - CS 1

**How long have you been with MHMR?**

- I have been with MHMR for 3.5 years. I was previously at the MHMR Center for Developmental Services as a Service Coordinator.

**What was your path before you joined the MHMR family?**

- Before joining the MHMR family I bartended at Salty Dog for 5 years and interned at the Waco VA Center of Excellence for Research on Returning War Veterans for 1.5 years while going to school to obtain my Bachelor of Science in Psychology.

**What is something personal you would like to share?**

- I grew up New Mexico and have lived in Texas for 11 years. My husband (who in fact is a Marine Corp Veteran) and I had our first child (boy) together in February 2020. He is the youngest of four. I enjoy being a mom, gardening, cooking/baking, eating the goodies I made or others make, being outdoors with our Border Collie, and a good Netflix or Hulu series.

For many years I have had the passion to work with Veterans and I am happy to be a part of the Veteran's One Stop.