HOTBHN Mission Statement

We strive to deliver accessible, caring, and responsive support services to individuals and families coping with mental illness, intellectual and developmental disabilities, developmental delays, and emotional conflict.

KCF Mission Statement

Through caring relationships and a commitment to service, we empower children and families to improve the quality of their lives.





Contact Information:

Brenna Sanford Regional/SUD Program Manager (254) 265-5234

> Elizabeth Andrews YPU Program Manager (254) 867-6550

Business Hours:

Monday-Thursday 7:30 a.m. - 5:00 p.m. Friday 7:00 a.m. - 5:00 p.m.

www.hotbhn.org







YOUTH PREVENTION UNIVERSAL

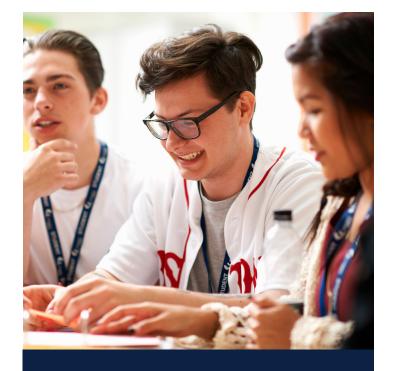


Rlaras Center for Families (KCF)
P.O. Box 890
Waco, TX 76703
Telephone: (254) 752-7889
Toll-Free (866) 752-3451

About Us:

The Heart of Texas
Behavioral Health
Network (HOTBHN), in
partnership with the
State of Texas Health
and Human Services, will
implement Substance Use
Prevention and Mental
Health Education Services
to equip youth, families,
and communities to
make healthy choices and
improve their well-being
now and in the future.





Goals of Prevention:

- 1. Educate about mental health, stress tolerance, and substance use and misuse.
- Raise awareness about substance use and mental health concerns.
- 3. Create positive changes in the lives of individuals, families, and the community.

Prevention Services:

- Certified Prevention Specialists
- Education Groups
- Family Support Services
- Family Nights
- Positive Alternatives
- Summer Programming
- School-based Prevention Curriculum

Counties Served:

