# Helping Students Succeed

School-Based Mental Health Services help to promote your child's academic success.

Your support and cooperation can help make your child's school years a rewarding experience.

We hope that parents and students feel free to use these services. We look forward to working with you.

#### **Counties Served:**



#### **KCF Mission:**

"Through caring relationships and a commitment to service, we empower children and families to improve the quality of their lives."

Case Manager:
Phone Number:
Therapist:
Phone Number:
School Campus:
Phone Number:





# Case Management and Counseling Services



### School-Based Services

Klaras Center for Families 1105 W. Jefferson Ave, Waco, TX 76701 Telephone: (254) 752-7889 Toll-Free (866) 752-3451

#### **Specialized Services:**

- Case Management
- Individual, Group, and Family Counseling
- Trauma Informed
   Care
- Crisis Services
- Parent Consultations
- Parent Education
- School Advocacy
- Psychiatric Assessment
- Family Partner Support



#### **Care Management**

- Exploring ways to help your child succeed
- Improving parentchild relationships
- Referrals for community resources
- Understanding the developmental stages of childhood
- Supply reference materials
- Information to help understand your child's special needs
- Skills training to help with social skills and behavioral expectations



## **Counseling Services**

- Individual and Group Cognitive Behavioral Therapy
- Trauma Focused Counseling
- Therapy Through Play
- Anger Control and Emotional Regulation
- Prosocial Behavior Skills
- Adjustment
- Peer Relations
- Crisis Services