

Who We Are

Center for Developmental Services of Heart of Texas Region MHMR (HOTRMHMR) is a community center established in 1968 to provide services to individuals with intellectual and developmental disabilities. We serve individuals in McLennan, Hill, Bosque, Falls, Limestone, and Freestone counties.

Our staff are caring, experienced, and dedicated to providing innovative supports and services to maximize each individual's abilities and meet each person's unique needs. We seek to discover each person's dreams for the future and provide the level of support needed to reach maximum quality in community living.

- We provide opportunities to form community relationships and to use community resources.
- We support responsible choice-making in the areas of employment, housing, social, leisure and healthcare interests.
- We teach skills that lead to greater independence.
- We educate the community about who we are and what we do.

OUR MISSION

In conjunction with families and communities, our mission is to help people with intellectual and developmental disabilities share their stories, give words to their dreams, and pursue their goals.



Heart of Texas Region
MHMR

Center for
Developmental Services
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Heart of Texas Region
MHMR

INTERMEDIATE
CARE
FACILITY
(ICF/ID)



Independence

Choices

Friendships

ICF/MR Program

The Intermediate Care Facility for Persons with Intellectual Disabilities (ICF/ID) program provides residential and habilitation services to people with intellectual disabilities and/or a related condition. Services also include ongoing evaluation, individual program planning, coordination, and integration for health or rehabilitative services to help individuals function with as much self determination and independence as possible. Heart of Texas Region MHMR offers residential living in six or eight person group homes located in McLennan county.

CONSUMER ELIGIBILITY

A person must:

- Have a determination of mental retardation or documentation from a physician of a related condition.
- Meet specified level of care criteria.
- Be in need of and able to benefit from the active treatment provided in a 24-hour, supervised ICF/ID setting.
- Financial eligibility is determined by the Texas Health and Human Services Commission.



SERVICES

♥ Case Management:

The assigned Qualified Intellectual Disabilities Professional (QIDP) is responsible for supervising the individual's active treatment plan. The QIDP's other job duties include accountability for the individual's program plan implementation, coordination of all services, and advocacy for services on the individual's behalf.

♥ Active Treatment:

A comprehensive active treatment plan is developed for each person based on assessments of that individual's needs and strengths. The plan identifies specific professionally developed and supervised services that will help the individual attain an optimal level of physical, intellectual, social, and as appropriate, vocational development.

♥ Living Options:

Residential service provides 24-hour supervision and treatment in a six or eight person group home. Staff are competent and knowledgeable about the needs and programs of each individual.

♥ Health Services:

Skilled Nursing—licensed nurses provide assistance, education, and monitoring of health/medical issues

Dental Treatment—routine, preventative, therapeutic and emergency dental treatment

OTHER SERVICES

♥ **Day Habilitation**—training provided in a group setting to acquire, retain, or improve self-help, socialization and adaptive skills necessary to successfully and safely reside in the community.

♥ **Supported Employment**—assistance to sustain paid employment for individuals who require on-going supports to perform in a work setting.

♥ **Adaptive Aids**—devices, controls or appliances that enable a person to retain or to increase their abilities to perform activities of daily living or control their environment.

♥ Specialized Services:

Provides assessment and treatment by licensed professionals.

- Medical •Psychology •Psychiatric
- Audiology •Dietary •Physical Therapy
- Occupational Therapy
- Speech Therapy

