

Who We Are

Developmental Services Center of Heart of Texas Region MHMR (HOTRMHMR) is a community center established in 1968 to provide services to individuals with intellectual and developmental disabilities. We serve individuals in McLennan, Hill, Bosque, Falls, Limestone, and Freestone counties.

Our staff are caring, experienced, and dedicated to providing innovative supports and services to maximize each individual's abilities and meet each person's unique needs. We seek to discover each person's dreams for the future and provide the level of support needed to reach maximum quality in community living.

- We provide opportunities to form community relationships and to use community resources.
- We support responsible choice-making in the areas of employment, housing, social, leisure and healthcare interests.
- We teach skills that lead to greater independence.
- We educate the community about who we are and what we do.

**Heart of Texas Region
MHMR**

OUR MISSION

In conjunction with families and communities, our mission is to help people with intellectual and developmental disabilities share their stories, give words to their dreams, and pursue their goals.



For further information contact:

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**Heart of Texas Region
MHMR**

**HOME AND
COMMUNITY
BASED SERVICES
(HCS)**



Helping

Consumers

Succeed

HCS Program

The HCS program is a Medicaid waiver program that provides community-based services and supports to eligible persons as an alternative to the Intermediate Care Facilities for Persons with Intellectual Disabilities (ICF/ID) program. Services are available to persons living in their own home and living with their family or paid companion. Services may also be provided to persons living in small group homes where no more than four persons may live.

WHO IS ELIGIBLE FOR SERVICES?

Adults and children with intellectual disabilities or a related condition who:

- meet the ICF/ID Level of Care (LOC)1 criteria,
- are eligible for Supplemental Security Income (SSI) or eligible for Medicaid under one of the optional Medicaid groups covered by the program,
- require services that do not exceed the cost limits set by the state of Texas,
- are not enrolled in another Medicaid waiver program, and
- choose to participate in the HCS program instead of the ICF/ID Program.



SERVICES

♥ Care Manager:

Each participant will have an assigned Care Manager who ensures that services are being provided to achieve the outcomes in their individual Person Directed Plan. The Care Manager spends time with each consumer to ensure that the services provided are appropriate to meet their needs.

♥ Community Living Options:

Community Supports—training and assistance provided to individuals living in their own or family home

Host/Companion Care—supervision and supports provided in a contracted family’s home

Residential Support—supervision and supports provided in a 3 or 4 person group home

♥ Health Services:

Skilled Nursing—licensed nurses provide assistance, education, and monitoring of health/medical issues

Dental Treatment—routine, preventative, therapeutic and emergency dental treatment up to \$2000 per year

♥ Specialized Services:

Provides assessment and treatment by licensed professionals.

- Behavioral Supports • Audiology • Dietary
- Occupational Therapy • Physical Therapy
- Speech Therapy • Social Work • Cognitive

Rehabilitation Therapy

OTHER SERVICES

♥Day Habilitation—training provided in a group setting to acquire, retain, or improve self-help, socialization and adaptive skills necessary to successfully and safely reside in the community.

♥Employment Assistance— assistance to help an individual locate competitive employment in the community.

♥Supported Employment—assistance to sustain competitive employment for individuals who require on-going supports to perform in a work setting or to be self-employed.

♥Transportation—assistance in obtaining or receiving transportation for medical appointments, day habilitation, and community outings.

♥Adaptive Aids—devices, controls or appliances that enable a person to retain or to increase their abilities to perform activities of daily living or control their environment.

♥Minor Home Modifications—modifications to an individual’s home allowing for community living and to ensure safety, security, and accessibility.

