

## *Our Mission*

In conjunction with families and communities, our mission is to help people with intellectual and developmental disabilities share their stories, give words to their dreams, and pursue their goals.



### Heart of Texas Region MHMR

Center for  
Developmental Services  
3420 W. Waco Drive  
Waco, Texas 76710  
254-757-3933

[www.hotrmhmr.org](http://www.hotrmhmr.org)

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## HCS ADULT HOST HOMES



♥ *SHARE*  
*YOUR HOME*  
*SHARE*  
*YOUR HEART* ♥

For applications or information  
contact:

Iris Miles  
3420 W. Waco Dr, Waco TX 76710  
254-757-3933

Craig Jenkins  
700 W. Hwy 171, Mexia TX 76667  
254-562-0171

## What is Host Home Care?

Caring individuals and families are needed to provide Host Home services for adults with intellectual and developmental disabilities who are participants in the Home and Community-Based Services Program (HCS) with Heart of Texas Region MHMR Center.

HCS Host Home Care is provided in an individual's private residence for up to three adult participants. The Host Home provider is responsible for the care and well-being of each individual, by ensuring that their daily needs are met in a family home setting. The provider will encourage the development of skills in order to promote independence in areas such as:

- Life skills development
- Meal planning and preparation
- Grocery and personal shopping
- Grooming, eating, bathing, dressing, and hygiene
- Emergency procedures and personal safety
- Participation in community and leisure activities

The Host Home Provider receives a monthly income as a contractor with the Center, in addition to a Room and Board payment by each participant (if applicable).

## A LIFETIME OF REWARDS

If asked to choose one word to describe what it means to be a foster care provider for intellectually disabled adults, I would choose "rewarding". When I became a host home provider, I wanted to help those less fortunate than me. I didn't realize how much they would give back to me.

Being single with grown children, it was a lonely house to come home to. I have been a provider for the same two ladies for eight years. Each of us had to learn the likes, dislikes and needs of the other, and also to respect, be understanding, and have patience. This did not happen overnight. It took time, but it was time well spent. We do everything together from grocery shopping to going out to eat, movies, and road trips from coast-to-coast to visit family members. When one of us is ill, the others are concerned and caring. We laugh, we cry, we get angry, because we are family.

I offered a home, love, and stability. I received companionship, a feeling of usefulness, appreciation and love in return. I have a fulfilling life and I have a home again. Yes, being a host home provider is very rewarding.

Lydia, Host Home Provider

## A CHANCE TO BELONG

"I have my own room and I learned how to swim." - Ed

"They treat me the way I like to be treated." - Pam

"I get to go shopping, out to eat, and on trips." - Willie

"I am part of the family." - Janice

## BENEFITS

- Making a positive difference in another person's life
- Support system of professional, knowledgeable staff, and 24-hour on-call staff and Registered Nurses
- Tax exempt income (some exceptions)
- In-house psychiatric services available

## ELIGIBILITY

### REQUIREMENTS

- Must be at least 18 years of age
- Current Texas Driver's License
- Background check required for all adults in household
- Automobile liability insurance
- Renter/homeowner's insurance
- Home must meet safety standards
- Must complete required training
- Must be a resident of McLennan, Hill, Bosque, Falls, Limestone, or Freestone County



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