



## Do you qualify?

To find out if you are qualified for Heart of Texas BHN Adult Services please call for an initial screening at 1-866-752-3451. If you call after hours, please press option 4 during your call when applying for services.

The Admissions Unit has open access at 1200 Clifton Street, Waco, at any time Monday through Thursday from 8:00 a.m. until 3:00 p.m. Telehealth appointments are available in regional offices if transportation is a barrier.

### OUR MISSION:

We strive to deliver accessible, caring and responsive support services to individuals and families coping with mental illness, intellectual and developmental disabilities, developmental delays, and emotional conflict.

#### **Child and Adolescent Behavioral Health (Klaras Center for Families)**

1105 Jefferson Ave, Waco, TX 76701  
254-752-7889

#### **Early Childhood Intervention (ECI)**

324 S. 4th St, Waco, TX 76701  
254-297-7089

#### **Center for Developmental Services (IDD/Autism)**

3420 W. Waco Dr, Waco, TX 76701  
254-757-3933

#### **Limestone County Office**

700 W. Hwy. 171, Mexia, TX 76667  
254-562-6052

#### **Bosque County Office**

407 S. Hill, Meridian, TX 76665  
254-435-2211

#### **Falls County Office**

365 Coleman St, Marlin, TX 76661  
254-803-5971

#### **Hill County Office**

130 N. Covington St, Hillsboro, TX 76645  
254-582-3444

#### **Freestone County Office**

622 W. Main St, Fairfield, TX 75840



## ADULT BEHAVIORAL HEALTH SERVICES



**Main Center**  
110 S. 12th St, Waco, TX 76701  
254-752-3451



## What do you want to gain from your care provider?

### The Basics:

- Case Management - Linking you with needed resources
- Skills Training - Learn the skills you need to meet your goals
- Psychosocial Rehabilitation - Empowers you to overcome obstacles and meet your recovery goals
- Psychiatric Care and Medication Coordination Services - Access to needed medication
- Counseling - Helping you work towards a healthy and fulfilling life. Counseling Center - 2800 Lyle Avenue, Waco, TX 76708
- Integrated Health & Care Coordination – At your request, information sharing can be coordinated with your primary care physician (PCP) or other care providers. An additional option is a PCP on site at 110 S. 12th, Waco, TX 76701
- Psychiatric Advance Directive – Information and referral provided

## Specialized Services

- Respite Services
- Supported Employment
- Supported Housing
- Justice Involved Services
- Intensive Community-Based Behavioral Health Services for Veterans & Active Duty Military
- Older Adult Services
- Substance Use Services
- First Episode Early Psychosis

## Other Helpful Services

Crisis intervention services are available when you need assistance immediately.

**Call 1-866-752-3451 and speak to a qualified professional 24 hours per day/7 days per week.**

If needed, a mobile crisis outreach professional may be called to assist you.

## Fun Activities/Healthy Lifestyle

### **Veterans One Stop: Peer Support Individual/Groups & Activities**

Location: 2010 LaSalle Avenue Suite A, Waco, TX 76706

Contact #: (254) 297-7171

Days & Times of Operation: Monday-Friday 8:00 a.m. - 5:00 p.m.

### **Groups:**

- Food Education & Meal Preparation
- Walking Group: Walk towards your fitness goals with the support of others
- Tobacco Cessation: Receive support from others as you recover from tobacco use

### **Individual:**

- InSHAPE: Individualized exercise and health plan goals

